



General Information Pack

Tribe of Doris Summer School 2016

Wednesday 10th - Sunday 14th August 2016, Stanford Hall, Leicestershire

We are very excited to be welcoming you all onto the fields for this year's very special Tribe of Doris Summer School. As you may well know this year we celebrate our 25th anniversary! We have been working flat-out to create a nurturing and wholesome 5 days of music making, movement, dancing, laughter and scrumptious food. Below should be all the information you need to get onto the glorious land without hassle but if you need to know anything else please do not hesitate to get in touch.

Travel and Arrival

Getting Here

LIFTS Here is a link to our [event page](#) where you can either offer or request lifts. If you're not on Facebook email us to offer or request lifts and we'll see what we can do! Please state the location, day and time you want to leave and whether you can offer/need a return journey. You could also advertise on the secure lift sharing site [Blablacar](#).

CAR PASSES If you haven't already bought a car park pass (£10) or camper van pass (£20) please do so in advance ([here](#)), so we know how many vehicles to expect. If you are coming for the day car parking is £5 and you can pay on arrival.

Directions

Address: STANFORD HALL, Lutterworth, Leicestershire, LE17 6DH

Note: The Summer School uses the back gates of Stanford Hall. Please follow the signs and **avoid buzzing in at the front gate**.

The M1 - from the South

Exit at Junction 18. Follow the A428 through Crick, head north on the Yelvertoft Rd. At Yelvertoft, bear left onto the Stanford Rd and continue north towards Stanford. Turn right just before the Church in Stanford (if you get to the Stanford Hall main gates you've gone too far). After half a mile the lane bears left over a narrow bridge (beware of oncoming traffic). The entrance is just over the bridge on the left. *It takes approximately 15 minutes from Junction 18*

The M1 - from the North

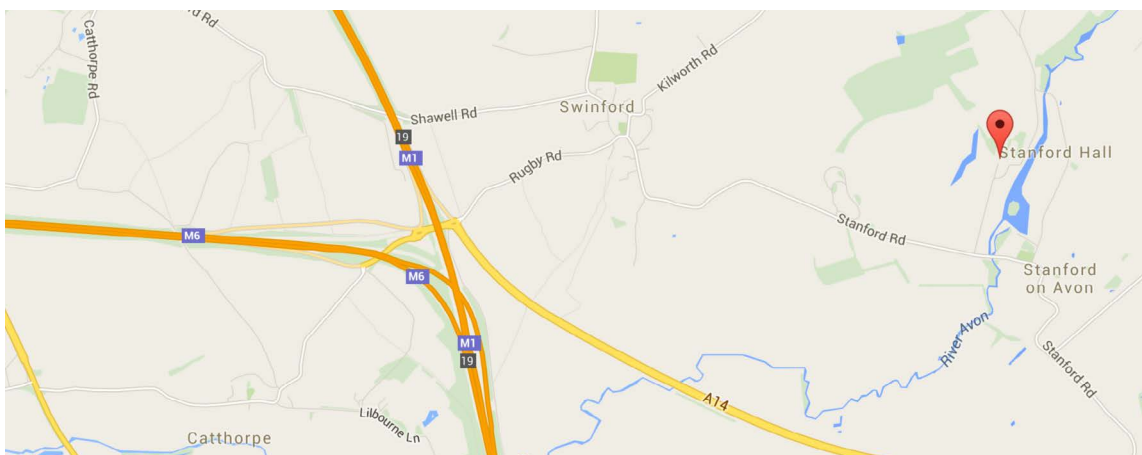
Exit at Junction 19. Turn left towards Swinford on Rugby Rd. Turn right at Swinford onto Stanford rd. Pass the Stanford Hall caravan park on your left. At Stanford, drive past the front gates and turn left just after the Church. After half a mile the lane bears left over a narrow bridge (beware of oncoming traffic). The entrance is just over the bridge on the left. *It takes approximately 15 minutes from Junction 19*

Rail

Rugby Station
1 hrs from London, 2.5hrs from Bristol &
2.5hrs from Manchester

Rugby Taxis

Dial-A-Cab 01788 570202
People Express 01788 56 1000
Taxi Fare Approx £18 from Rugby Station





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On Arrival:

YOUR TICKET Please have your name and 4 digit reference number ready before you get to the gate so we can allocate your entry pendants and get you settled on-site quickly. There are **no physical tickets**. We encourage you to jot down your 4 digit reference number (on ticket confirmation email) so you don't have to print it out. Let's save some trees!

KIDS REGISTRATION All kids **have to be registered** and given wristbands with a guardians contact number at the gate.

ACCESS TO SITE The Main Event Gates open midday on Wednesday 10th August and close at 22:00. They are then open from 08:00 - 22:00 until Saturday 13th August.

PARKING On arrival you will be directed to your preferred campsite. If you intend to leave before Sunday 14th August or intend to come and go during the event there is an overflow car park less than 5 minutes walk from the site. Try to arrive before dark as no unauthorised vehicles are allowed to move on site after darkness has fallen. If you arrive after dark you will have to park at the gate overnight and walk onto the site. Our on site speed limit is 5mph. Be cautious whilst driving and keep access ways clear.

DROP OFF Weather and space allowing, you will be able to drop off your camping gear before moving to the car parks. Please be efficient with your drop off. You will have 30mins before we ask you to move your vehicle to the car parks. Wet weather/alternative arrangements info available on arrival - your cooperation with any requests will be much appreciated.

Camping and Accommodation

Camp Sites

Unless you have pre-arranged your accommodation with us there are two camping areas to choose from.

General Camping For those who go to bed later and who don't get easily disturbed by noise. This will include live-in vehicles.

Quieter Camping For those who go to bed early or are sensitive to noise. Also space for live-in vehicles. Please note that it is impossible to make the campsite completely quiet. Based on last year's feedback we have re-jigged the campsites to optimise the quietness but this is an outdoor camp, on a small site and we are near a motorway so it's quieter not quiet camping.

Single Guardians Camping There will be a designated camping area for adults coming alone with children so you can support and share a space together. Ask for this area at the gate on arrival

Always be cautious of camping under trees as this can be very dangerous.

Disabled Camping

Disabled camping is located close to the Main House with nearby access to disabled toilet facilities.

Camper Vans and Live-Ins

Live-In Vehicles can go in either General Camping or Quieter Camping, in designated spots.

Luxury Accommodation and Glamping

LUXURY ACCOMMODATION Stanford Hall have luxury accommodation in the stables but it is completely fully booked this year.

GLAMPING in authentic new Mongolian yurts. They cost £80 per yurt per night and can sleep up to 8. Email us at admin@tribeofdoris.co.uk for more details.

BELL TENTS If you would like to book a luxury bell tent, complete with mattress, bedding and kitchen facilities, (£175 for 4 nights) please contact Mo at info@tubsandtents.co.uk. Visit his [website](#) for more details



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Workshops and Entertainment

This year's programme is packed with lots of soul lifting music, song, dance, movement and ceremony from all over the world. There will be more than 50 workshops to choose from everyday so the choices are endless.

Workshops

TASTERS Some of the workshops on Wednesday are taster workshops designed to give you an idea of what it's going to be like so you can decide which ones to do. Look out for the taster symbol on the programme.

WORKSHOPS On the whole workshops are 90 minutes long and run each day. There are a few workshops that only run on some days. There will also be a 30 minute change over between each workshop to allow you to recoup before your next class and to reduce clashes. The programme will be released in late July.

EXPERIENCE LEVELS To cater to a wide range of abilities and ages some workshops are levelled by experience: Beg (Beginners), Int (Intermediate) and Adv (Advanced). All other workshops are Open level workshops.

PERFORMANCE AND NON PERFORMANCE WORKSHOPS Most of the workshops are geared towards learning a performance piece for the Saturday night showcase. Although their focus won't only be on the performance they will build on each other so it's fulfilling to attend them all. The performances are not obligatory and you can still participate in these workshops without performing. Other workshops will not work towards a performance so that you can enjoy them as stand alone sessions or attend all of the sessions.

KIDS AND YOUTH AREAS There are two dedicated areas for Kids and Families and for Youth with specially programmed workshops.

PROGRAMMES The programme will be released in late July. We will send you a pdf copy that you can print at home. We will also have a limited number of £2.50 programmes in HQ.

INSTRUMENTS We do provide some instruments and gear for workshops, especially for those that are a particular niche e.g. Taiko drumming but we encourage everyone to bring their own instruments and gear to get the very best out of the Summer School. Visit our teachers page for inspiration. If you would like to rent a drum for all of the event contact [Ben at Ghana Goods](#).

Ceremonies and Evening Fun Times

OPENING AND CLOSING CEREMONY In true Doris style the Summer School will commence with an opening ceremony on Wednesday 10th at 16:00. To bring a little bit of our collective cultural greatness to this celebration we ask that you wear clothes that you feel express your cultural identity. This is a real chance to dress up and be creative so we are looking forward to seeing the beautiful array. As part of this ceremony we'll sing Baba Ade's *Ajuba* to bless the proceedings and call upon the guidance of the ancestors. [Learn it here](#). The closing ceremony takes place at 12:00 on Sunday. Most people wear white at this ceremony so be sure to bring some white clothing and keep it away from potential mud until the very end of the merriment.

ONES MEET UP There will be a meet up for anyone who's come by themselves so that you can get together. This will be on Wednesday. Time to be confirmed in the programme.

KIDS AND YOUTH OPENING CEREMONIES Both the Kids and Youth Areas will have an opening ceremony so that they can meet each other and get a taste of the workshops programmed.

EVENING ENTERTAINMENT The Open Mic will be running from Wednesday to Friday with some fresh talent from the fields. The Sugar Loaf Rum Shack is always a hub for plentiful grooviness. Running for the first time this year we have the Vela, a dedicated collaboration space to nurture fusions. If you feel like exploring and jamming bring your creative tools. As well as this we will also have 25th Anniversary Celebration Parties on Thursday and Friday nights so bring your dancing shoes and sequins! We plan to celebrate in style.



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Facilities

Toilets and Showers

There are Male and Female toilets and showers in the stable block of Stanford Hall as well as portable toilets and gas powered showers in camping. They will be cleaned and serviced over the 5 days. Please bring loo roll.

Phone Charging

There's a phone charging point costing £1 per charge in HQ. You will only be able to collect your phones when HQ is open. Left over phones will be stored in a secure facility overnight.

Cash

The food outlets and stalls will only accept cash so please bring enough to last the duration of the event as there are no cash points on site.

On the Fields

First Aid

There is a first aid point near HQ open from 08:00-22:00 everyday. We have a trained First Aider on call all night. Should you require any assistance at night please call the Medical Line 07481948852

Emergencies

In case of a serious emergency report to HQ/the nearest Summer School personnel or call the emergency lines at night 07504 471652 (Maria) or 07979 262227 (Richie). Should we need to evacuate the site the emergency muster point is located at the opposite side of Stanford Hall following the river on the left hand side (facing the hall).

Camp Fires and Fire Safety

- Any camp fires in the campsite must be raised off the ground in fire dishes. There are communal fires around the site that will be lit at night.
- Please be vigilant around fires especially those in the camp sites. Tents are extremely flammable so make sure fires are lit at least 2m away from tents and 3m from live-in vehicles. Spacing tents a few meters away from each other will help avoid fires spreading. Never leave a fire unattended and never light a fire or a naked flame (even tea lights) inside a tent!
- There are clearly signed fire points at each campsite with water tanks and buckets.
- In the event of a fire please contact the nearest Summer School personnel who will notify HQ or the Event Manager. There are fire extinguishers in HQ as well as in the catering stalls.
- Please can we all make an effort to keep an eye out for children around fires. They are drawn to them like fire flies which can be dangerous but if we are all vigilant we can avoid any problems. We will have stewards monitoring fires but they cannot be everywhere at once.

The Environment and Waste

RUBBISH We are very privileged to be on the beautiful grounds of Stanford Hall and we intend to leave the grounds as we found them. Help us by being conscious of your waste. We require everyone to take their full bags of rubbish to the skip. The waste company sort the rubbish in this skip into recycling but this waste cannot contain food waste. We do however have a compost for food waste. Keep your food waste separate and deposit it there. **Please don't leave anything behind when you leave on Sunday.**

REUSABLE BOTTLES We encourage everyone to bring a bottle for water refills as there will be a limited supply of bottled water on-site. This is in an effort to reduce the amount of plastic waste we produce. There are ample water points on-site for you to refill reusable bottles.



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SAVE TREES We also encourage you to print as little as possible.

CARBON OFFSETTING We are teaming up with Stanford Hall and Natural England to plant 167 Oak trees to infill along an existing, mile long, 18th century oak avenue. These trees, in time, will provide a natural filter against nitrogen used in pesticides. To this end we are offering a chance to grow part of the hedge/shelter belt by offsetting your carbon and helping us plant trees for £18. You can leave a legacy of leaves to soak up the carbon and give us oxygen for a long time to come. To find out more and purchase an oak tree visit or [Hedge Fund page](#)

Swimming

You are welcome to swim in the lake and river at your own risk

Drink and Drugs

DRUGS: Tribe of Doris do not tolerate the use of illegal substances.

ALCOHOL: The Sugar Loaf Rum Shack will be open 18:00-00:00 each night serving delicious concoctions. Please drink responsibly and be careful not to leave drinks unattended as this is a family friendly event and there are under 18s freely roaming.

Food

LUNCH BREAK There is a break in programmed workshops everyday from 13:30 - 14:30 for lunch.

CATERERS We have teamed up with some great caterers this year to bring you a slice of deliciousness from around the world. [Pizza of Dreams](#) are back by popular demand and they will be accompanied by [Scoff and Relish](#) and [Totem African Food](#). Giri who looks after the grounds at Stanford Hall will be cooking up some Nepalese curries on Saturday night. Our lovely Shambala partners Dave and Annette will be bringing their delicious cakes and homeliness to the all new Doris Cafe as well as serving a selection of meals in the evenings.

SPECIALS We are also delighted that the Tribal Feast will be back on Thursday and Friday night! If you enjoy eating well then treat yourself to a sumptuous 3 course meal with fabulous Doris company. Prices are £20.00 for adults and £10 for kids 14 and under) plus a booking fee. Friday night has now sold out so make sure to book in advance for Thursday to avoid disappointment. These meals will sell out due to restricted space. See the website for full details and [menus here.](#)

Kids and Youth

If you're coming with under 18 year olds please be advised that you are fully responsible for them whilst at the event. You may be asked to leave if you are not fulfilling this undertaking. We encourage children to have the freedom to explore and strive to create a safe and nurturing environment for them but please keep an eye out. There are rivers and lakes near the site so please be especially careful of wandering small children.

LOST CHILDREN Any lost children will be taken to the Kids Area, or HQ when the kids area is closed.

KIDS AND YOUTH AREAS Our Kids and Youth Areas have been programmed with an exciting array of activities for children, youth and families to create, share and enjoy. We are especially excited that [LIFEBEAT](#) will be working with the youth area facilitating workshops and inspiring the youth.



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What to bring:

- Ticket = 4 digit reference code (no paper required yay)
- Tent
- Sleeping bag
- Warm Blankets
- Hot Water Bottle
- Wellies
- Waterproof clothing in case of rain
- Plenty of warm clothing: even if its sunny, it can get very cold at night
- Dancing Clothes
- Saturday night Performance Clothes
- Clothes that express your Cultural Identity for Opening Ceremony
- White Clothes for the Closing Ceremony
- Drum (if you have one and want to learn some new skills. You can also hire. See above)
- Instruments for camp fire songs
- Toiletries
- Sun cream
- Wet Wipes
- Water bottle
- Phone/camera & chargers
- Cash
- Loo Roll
- Torch

Most Importantly:

Have an amazing and inspiring time.

If you have any queries please do not hesitate to get in touch by email at admin@tribeofdoris.co.uk

or call Richie (Monday - Friday 9am - 5pm)
07979 262227